



ARCTIC PRICING MENU

Arctic Core Services

CRYOTHERAPY

First Time	\$45
Regular Session	\$60
3 Pack	\$120 (\$40/session)
6 Pack	\$220 (\$37/session)
10 Pack	\$300 (\$30/session)
Monthly Unlimited	\$250

RED LIGHT THERAPY

First Time	\$45
Regular Session	\$85
3 Pack	\$150 (\$50/session)
6 Pack	\$300 (\$50/session)
10 Pack	\$400 (\$40/session)
Monthly Unlimited	\$299

INFRARED SAUNA

First Time	\$45
Regular Session	\$50
3 Pack	\$100 (\$33/session)
6 Pack	\$200 (\$33/session)
10 Pack	\$275 (\$27/session)
Monthly Unlimited	\$199

COLD PLUNGE

First Time	\$20
Regular Session	\$35
3 Pack	\$90 (\$30/session)
6 Pack	\$150 (\$25/session)
10 Pack	\$200 (\$20/session)
Monthly Unlimited	\$149

COMPRESSION THERAPY

First Time	\$15/30 minutes
Regular Session	\$25/30 minutes
3 Pack	\$60 (\$20/session)
6 Pack	\$100 (\$16/session)
10 Pack	\$150 (\$15/session)
Monthly Unlimited	\$99

Arctic Signature Memberships

ARCTIC ELITE

\$600/MONTH

- 35 Selects/month
- 3 IM Shots/month
- 20% off Additional Services
- Unused Credits Rollover
- Can be shared with 1 immediate family member

ARCTIC PREMIUM

\$400/MONTH

- 20 Selects/month
- 2 IM Shots/month
- 15% off Additional Services
- Unused Credits Rollover
- Can be shared with 1 immediate family member

ARCTIC PREFERRED

\$250/MONTH

- 9 Selects/month
- 1 IM Shot/month
- 10% off Additional Services
- Unused Credits Rollover
- Can be shared with 1 immediate family member

ARCTIC IV ELITE

\$500/MONTH

- 4 IV Infusions/month
- 2 IM Shots/month
- Custom IV can include up to 4 nutrients
- 20% off Additional Services

ARCTIC IV PREFERRED

\$350/MONTH

- 2 IV Infusions/month
- 1 IM Shot/month
- 10% off Additional Services
- Custom IV can include up to 3 nutrients

Selects Breakdown

Our memberships work off of a point system. Each Signature Arctic Membership comes with a different amount of **selects** that you can use towards any of our services!

CORE SERVICES

Compression Therapy	0.5 Select
Cryotherapy	1 Select
Red Light Therapy	1 Select
Infrared Sauna	1 Select
Cold Plunge	1 Select

IV INFUSIONS

Custom IV Infusion	4 Selects
• Each additional nutrient	1 Select
Health + Wellness Infusion	5 Selects
Pain Relief Infusion	5 Selects
Immunity Infusion	5 Selects
Inflammation Infusion	5 Selects
Gut Health Infusion	7 Selects
Athletic Performance Infusion	7 Selects
Beauty Infusion	7 Selects
Weight Loss Infusion	9 Selects
The Seattle Infusion	9 Selects
Anti-Aging Infusion	9 Selects
The David Infusion	9 Selects

All Arctic Memberships have a 3 month minimum commitment and require a 30 day notice for cancellations.

REPAIR. REJUVENATE. ELEVATE.